# HOW TO WORK WITH CAMERA



## LIGHTING

- SHADOW MUST CAST TO THE BACK OF YOU
- LIGHT MUST HIT YOUR FACE
- BEWARE OF ANGLES THAT CAUSE SHADOWS AROUND EYES & FACE
- ENSURE THAT THE VIDEO HAVE LOTS OF LIGHT
- •
- WORK WITH THE PRODUCTION TEAM TO FIND YOUR BEST ANGLE





#### **EYE CONTACT**

FOCUS ON CAMERA

- AVOID TOO MUCH EYE/HEAD MOVEMENT
- CHANNEL AS MUCH
  ENERGY AS WHEN YOU
  TEACH IN CLASSROOM

# CHANNEL ENERGY

• WORK WITH CAMERA TO CHANNEL YOUR ENERGY AT BEST, RATHER THAN RELYING TOO MUCH ON EDITING



## PRACTICE

- PRACTICE THE SPEECH
- ACT CONFIDENTLY
- TALK SLOWLY & CLEARLY, PAUSE AT THE RIGHT TIME TO ALLOW STUDENTS TIME TO PROCESS AND DIGEST WHAT YOU SAID

#### **VOICE & TONE -BODY LANGUAGE**

- SCORING AND BEATING THE SCRIPT HELPS **DELIVERING THE SPEECH**
- AVOID MONOTOMY
- GET THE BODY, VOICE, AND BREATHING IN SYNC
- CHOOSE THE RIGHT TONE FOR THE TARGET
- AVOID REPETITIVE HAND GESTURE, LET THE **BODY SPEAK**
- AVOID CROSSED ARMS, OR HANDS HELD **BEHIND YOUR BACK OR IN THE POCKET**

#### WHEN YOU FEEL OWNERSHIP OF YOUR BODY, IT WILL SHOW THAT YOU COMMAND THE CAMERA AND ARE IN CONTROL OF THE SITUATION.



- CHOOSE CLOTHING STYLE THAT MATCHES THE COURSE THEME. AND REPRESENT YOURSELF
- AVOID STRONG OR TOO **BRIGHT COLORS, INCLUDING** POLKA DOT OR STRIPE CLOTH
- BEST TO KEEP IT SIMPLE. AVOID SHINY FABRIC OR **CLOTHS WITH PATTERNS**



### CLOTHING

PREPARE YOUR OWN CLOTH